

Hong Kong Chiropractic College Foundation Ltd
Chairman's Report Dec 2013
Dr. Shu Yan Ng

The Foundation has been running for around 2 years. As the year 2013 is drawing to a close, it is the time to recap and reflect what we have done and achieved in the year past.

The activities were in line with the objectives of the Foundation. Activities in 2013 included public education, research, running of the clinic, provision of scholarship and raising of funds, with the ultimate goal of setting up an independent chiropractic college in Hong Kong.

Public Education

For public education, the foundation has arranged two talks and one newspaper interview. As reported earlier, Dr. Albert Ho spoke on sciatica in the Central Library in Causeway Bay. Another talk which was held last week on the 15th December 2013 was by Professor CC Hui. He spoke on the myths and facts of the influence of food on health. The two talks were well received. The talk by Professor Hui was filmed and will be produced in DVD format for free circulation.

Date	Topics	Speaker	Venue
8 th Mar 2013	Sciatica	Dr. Albert Ho	Central Library
15 th Dec 2013	Food and Health – Myths and Facts	Professor Chi Chung Hui	University of HK

A newspaper interview was held. Dr. Edmond Chu spoke of the importance of stabilization of the spine using 3D Newton, the antigravity device. The interview appeared in the Economics Daily.

At the end of April 2013, through the introduction of Mr. Fung, a retired headmaster, who is a director of the Agency for Voluntary Service, Dr. Edmond Chu gave a talk to 45 students on “Chiropractic as a Career” in CNEC Lau Wing Sang Secondary School. The purpose of the talk is to acquaint the students with what is chiropractic. Dr. Chu actually invited the students to visit the clinic, so that the students have more understanding of the profession.

Continuous Professional Development

During the year 2013, three different courses were organized. They were the DNS A and B Courses and the Mobilization of Nervous System.

The DNS A course was held from 17th May to 19th May 2013. It was accredited by the Hong Kong Chiropractic Council and was awarded 20 credit points.

Mobilization of Nervous System which was scheduled to be held from 6th July to 7th July 2013 was cancelled because of insufficient attendees.

The DNS B course was held from 12th October to 15th October 2013. It was accredited by the Hong Kong Chiropractic Council and was awarded 14 credit points.

So all in all, the Foundation has organized two seminars in the year 2013. Both courses were from Prague School of Rehabilitation.

Research

In early November this year, Dr. Edmond Chu and I submitted a paper, titled “Case Reports – Treatment of Facial Palsy Using MIRE” to Journal of Chiropractic Medicine. At present, the paper is under review by the editor.

Also, we are planning a study on “Treatment of adult scoliosis using Schroth Exercises”. Adult patients aged between 20-60 and who have a thoracolumbar or lumbar scoliosis in excess of 20 degrees are included in the study. They are taught specific Schroth exercises to address to their specific curvatures. The study is scheduled to take 9 months and would end by October 2014, when we would write and submit a report for publication.

Wanchai Chiropractic Clinic

Dr. Edmond Chu is still the only full time chiropractor working in the clinic. We plan to hire another full time chiropractor in due course, as one of the objectives of the Foundation is to acclimatize returning overseas chiropractors to practise in Hong Kong and be exposed to comprehensive conservative treatment.

Though the clinic worked at a loss at the beginning of this year, the income of the

clinic has been increasing and we have generated enough income to become self sufficient by October 2013. In fact, the Clinic transferred HKD200,000 of its income to the Foundation Funds by the end of November 2013.

Scholarship

The foundation offers scholarship to students interested to pursue chiropractic education in Anglo European College of Chiropractic in UK. Up to the present, 3 people expressed interest in application.

Mr. Tony Poon who volunteered to act as a chiropractor in our DVD video, titled: “Low Back Postures in Housework” became interested in chiropractic after involved in the shooting of the film. He applied for entrance to AECC, through UCAS. As far as we are aware, he has been conditionally accepted. He had applied for scholarship from the Hong Kong Chiropractic College Foundation Ltd, but as yet, had not received any result.

Mr. Benedict Wan is the first year student in University of Hong Kong, studying Biology. His friend is at present being treated by a chiropractor and he is interested in pursuing study in Chiropractic. He is applying for entry to AECC in September 2014 and wishes to apply for scholarship.

A third candidate is a final year nursing student in University of Hong Kong. He suffers from atopic eczema and has various symptoms attributable to the allergies. As he found some of the symptoms improved after spinal manipulation by a Chinese medical practitioner, he became interested in chiropractic and is embarking to study chiropractic in the fall of 2015.

If all goes well, we may then have two candidates studying Chiropractic in AECC next fall. Whether we would provide two scholarships need to be discussed.

Donation

During the entire year, two fund raising functions have been organized. They are the charity dinner and the walkathon.

Charity Dinner

The charity dinner held on the 18th May 2013 was the first fund raising dinner for the foundation. It was held in King's Cuisine in Windsor Plaza, Causeway Bay. Thanks to the help of Ms. Lily Ng Lai Chu, who had invited a number of artists not only to attend the dinner but to perform. Ms. Mario Cordero, Ms. Woo Ying Man, Ms. Wong Man Wai Bonnie, Ms. Yu Mo Lin, Ms. Bao Hiu Wah, Ms. Jing Mak, Ms. Van Man, Ms. Bobo Tsui, Mr. Cheung Hou Mo and Mr. Lee Man Biu performed and sang, bringing joy to the occasion. More importantly, they brought forth the importance of spinal hygiene, together with another guest of honor, Mr. Anderson Junior.

Overall, the function raised HKD71,185.

Walkathon

Another fund raising function was the walkathon. It was held on the 6th October 2013. In total, 213 people participated in the activity, which was well received.

The gathering took place in the playground in Mt Austin, with Drs. Karen Chan and Valerie Chu leading the warm up exercises. This was followed by the opening ceremony, which was initiated by:

- Ms. Ng Lai Chu, an artist,
- Mr. Lau Chun Ming, the coordinator of the volunteer group of Immigration Department,
- Ms. Chan How Lee, the president of the Lions Club 303 district
- Drs. Valerie Chu, Karen Chan, Edmond Chu and Shu Yan Ng.
- Ms. Rosanna Chui, representative of volunteers

The walkathon finished by 12:00 uneventfully. In the function, the foundation raised HKD157,574.00, versus HKD196,926.5 last year.

Donation Boxes

In the latter half of 2013, Nam Kee agreed to have the Foundation put donation boxes in some of its retail restaurants. Up to present, 31 donation boxes have been set up. These were 13 more donation boxes over that of last year. The donation boxes are located in the following premises:

1. Pedorthic Technology Ltd, Tsimshatsui
2. Dr. Au, Edmond
3. Dr. Wilkin WK Kwan

4. Dr. Henry HK Chan
5. Dr. Andy Hin Yim Lee
6. Chiropractic Wellness Centre Ltd, Central
7. Pedorthic Technology Ltd, Wanchai
8. Fairy Recover Therapy Centre, Causeway Bay
9. Pedorthic Technology Ltd, Causeway Bay
10. Medimart, Causeway Bay
11. Medimart, Yaumatei
12. Wanchai Chiropractic Clinic, Wanchai
13. Leung Wah Medicine Co
14. Dr. Chan Tak Sang
15. Dr. Leung Yuk Ling
16. Dr. Lee Kwok Sou
17. Dr. Chan Chak Yee
18. Wui Hong
19. Hong Kong Chiropractic Wellness Centre, Mongkok
20. Dr. Ho Kwok Wai
21. Gally International Ltd
22. 南記春卷粉麵有限公司, Whampoa, Hunghom
23. 南記春卷粉麵有限公司, Shaukiwan
24. 南記春卷粉麵有限公司, North Point
25. 南記春卷粉麵有限公司, Causeway Bay
26. 南記春卷粉麵有限公司, Wanchai
27. 南記春卷粉麵有限公司, Wanchai
28. 南記春卷粉麵有限公司, Central
29. Medimart, Shatin
30. Happy Walking, Tuen Mun
31. Medimart, Jordan

The donation received through these boxes amounted to HKD22,285 this year (whereas the amount received last year was HKD4,760.)

Worth mentioning was that Dr. Chan Tak Sang, a Chinese medical practitioner. He wrote a thoughtful message on a white board besides the donation box. The message read as follows:

本診所為防貪倡廉，請各位貴客切勿惠贈生菓食物及任何物品。

如有心意，請賜捐香港脊骨神經科醫學院基金有限公司 - 成立專科學院，訓練醫生。

Others

During the year, many people have helped. We would like to thank all who have given us a hand, including all those who agreed to let us put the donation boxes. Dr. Edmond Chu has helped in giving talks and in taking care of overseas lecturers. He has helped in picking up, in arranging accommodation and taking care of the lecturers during their stay in Hong Kong. Dr. Albert Ho has helped to deliver a talk on sciatica. Dr. Karen Chan has helped in applying a competition on World Spine Day organized by WFC. She helped in submitting information on the walkathon.

We wish to extend our thanks to the Volunteer group of the Immigration department. The group has helped with our walkathon, for which we are grateful.

I would also like to thank Mr. Andy Lai, Mr. Russell Ng, Ms. Shopping Cheung, Mr. Tony Poon, Mr. Freddie Tan, Ms. Jenny Li, Ms. Jenny Shek, Ms. Ada Wong and the many volunteers. Without their help, we would not have arrived at where we are today.

Conclusion

Looking forward, we wish to offer 1-2 scholarship next year and to hire an extra full time chiropractor to serve in the Wanchai Chiropractic Clinic. We shall continue organize talks for public education and to raise funds to enable us to set up a quality chiropractic college in Hong Kong.