

Hong Kong Chiropractic College Foundation Ltd

Chairman's Report Mar 2018

Dr. Shu Yan Ng

Thank you all for attending the AGM. May I wish you all a prosperous Year of the Dog.

In the year past (2017), the Foundation organized a number of activities, which I wish to report as follows:

Walkathon 2017

The walkathon was held in the morning of 12th November 2017 in the Victoria Peak. Despite the heavy rains and strong winds, over 100 volunteers, friends and patients supported the function. Amidst the bad weather, all of them finished the entire walk. Also, the Orienteering Competition was completed and the winners were presented with souvenirs donated by some of our sponsors.

The function raised a net total of \$234,302.22, which is the highest among the walkathon that we have held in the years past. We are indebted to the donors, including Sui Wah Hong, which donated \$100,000, Mr. Ngai Yuen Mau who donated \$30,000, Ms. Ho Wai Ling who donated \$20,000 and the many volunteers and their friends.

Also, we would also like to thank Sogo (HongKong) Ltd, 華樂棗棗, Pedorthic Technology Ltd, Humana Medical Ltd, 和記隆餅家, 3M, China Travel Service (Hong Kong) Ltd, Holos, JWater, Think and Act Strategic, One stretching and Happy Walking for their sponsorship.

World Spine Day 2017

15th October has been designated as the World Spine Day. Each year the Foundation conducts public education activities to increase the awareness of spinal hygiene among the public. Last year, the activities were scheduled on the 15th October 2017 in the Moreton Terrace temporary playground in Causeway Bay. Due to typhoon, however, the function was cancelled and was subsequently rescheduled to 7th January 2018 and moved to indoor in Maryknoll Secondary School in Ngau Tau Kok

The function essentially involve checkup and screening, including:

- 1 · Spinal screening and examination
- 2 · Bone density assessment
- 3 · Breathing examination
- 4 · Gait examination
- 5 · Examination of the Lower Extremity

Outcome of the tests were recorded in the brochure and their significance was explained to the attendees by the chiropractors, to enable the attendees understand their spinal conditions and know if any follow up actions are required.

Further charity bazaar was organized as well. There were booths selling date palms, silk fans with drawings and books, raising \$12,916.

The function was successful and many attendees asked when there would be similar functions. Taking the opportunity, we wish to express our sincere thanks to the following chiropractors including Dr. Karen Chan, Dr. Irene Cheung, Dr. Edmond Chu, Dr. Alvin Hsu, Dr. Colin Lai,

Dr. Ka Yu Lee, Dr. CY Ng and Dr. Alex Tsang, who had contributed their time and knowledge, as well as the sponsorships of the many different organizations and the cooperation of the volunteers.

Public Education

In the year 2017, three public talks were organized, all in the Wang Gungwu Theatre, Postgraduate House, University of Hong Kong. The talks were:

Can scoliosis be improved?

The talk delivered by Dr. Ng Shu Yan was held on the 8th January 2017. There were over 200 attendees and the gross income from the talk was \$20,187.25

“No” to Angioplasty – Chelation Therapy

The talk held on the 7th May 2017, was conducted by Dr. Ng Chi Kin and Dr. Mak Siu Keung. More than two hundred attendees attended the talk and \$6,760 was raised.

Is Anti-aging possible? Looking into Anti-Aging Science

The talk which was delivered by Professor CC Hui was held on the 3rd Dec 2017. The talk attracted more than 200 participants, raising \$11,828.96.

The total income generated from the three talks was \$38,776.21.

Continuous Professional Development

In total, 4 professional courses were conducted in the year 2017. They were all held in the Hong Kong Federation of Medical Societies, Duke of Windsor Building, Wanchai. The four courses were:

1) *Dry Needling - Top 30 Muscles*

The course was held on 11-13th February 2017. Twelve chiropractors and physiotherapists attended the course. A loss of \$355.90 was reported.

2) *Schroth Best Practice B Course*

Fourteen registrants attended the course which was held on 14-17th April 2017. The profit was: \$79,941.95

3) *Diagnostic Ultrasound Imaging*

The course on Diagnostic Ultrasound Imaging consists of six parts. Two of them were held in 2017 and were respectively:

a. *Diagnostic Imaging Series - Part 1 Cervical Spine*

The session was held on 8th October 2017. There were 27 attendees. The income was: \$14,325.04.

b. *Diagnostic Imaging Series - Part 2 Wrist and Hand*

This was held on 26th November 2017. There were 27 attendees. The income was: \$5,396.44

4) *Vestibular Rehabilitation*

The course which was held on the 4-5th November 2017 attracted 19 attendees, generating a net income of \$43,352.20.

Scholarship

In the year 2017, no scholarship was granted as the only applicant did not pass the interview by our Scholarship Committee. Thus there are still only three students on scholarship, studying in the Anglo-European College of Chiropractic University College in UK. The students are namely Miss Priscilla Choi, Mr. Benedict Wan and Miss Joanne Cheng.

They have been doing well in their studies and we are sure that they would be an asset to the Chiropractic profession in Hong Kong when they return after graduation.

Donation Boxes

At present, we have 42 donation boxes; they were put in different locations. In 2017, 13 of them were opened; the donated fund collected through this means was \$37,514.40.

We plan to put more donation boxes in more location in the future in the hope of increasing the funds. Taking this opportunity, we would like to express our gratitude to the clinic and organizations that permit our installation of the donation boxes in their premises.

Non Recurrent Donation Receipt

Apart from the above donation income, the Foundation also received non-recurrent donation. This amounted to \$233,346.80 for the year 2017.

Fund Raising through Selling of Flags

Last year, we applied for permits to raise funds through selling flags. Yet, to our disappointment, we lost in the draw. For the flag selling in 2018, we did get the draw. Nevertheless as our preferred dates were taken by other organizations, we opted not to participate in the event.

QR Code Card – Health Information

To reduce the cost of production of DVD and to facilitate proliferation of knowledge relating to spinal hygiene, the Foundation printed some cards containing QR code of some videos last year. Titles of the video included the followings:

1. Methods to improve neck and shoulder pain
2. Methods to improve low back pain syndrome.
3. Methods to improve postural syndrome
4. Methods to improve pain in the buttocks.
5. Methods to improve pain in the upper extremity.
6. Methods to reduce pain in the knee.
7. Is low fat, high carbohydrates diet healthy?

Retrospectively, we found that this mode of knowledge dissemination has been very well received by the patients and layman.

Expansion of Wanchai Chiropractic Clinic

A new chiropractor Dr. Diego Rothschild is joining us. In view of the need to expand, the Board of Directors resolved to additionally lease 12/fl, which is one storey above the present clinic, to cater for more patients and to accommodate some volunteers working for the Foundation. The clinic in the 12/fl is expected to be operational in April 2018.

Outlook

We are at present planning the 2018 activities, in particular those involving fund raising and public education. We are certain that with the cooperation and help from the volunteers, we would achieve our objectives.

Vote of Thanks

Lastly, on behalf of the Foundation, I would like to thank all organizations and people who have helped us in the past, including Dr. Ka Yu Lee who has helped with the public education and Dr. Colin Lai who has helped with the CPD. Also, I am grateful to all the chiropractors who have lent us a hand. Special thanks have to be made to the volunteers who have spent the time and money in helping us to pursue our objectives. Without all the help, we would not have achieved what we have today. Thank you.