

# Vestibular Rehabilitation, including Cervicogenic Dizziness

Venue: Lecture hall, 4/F, Duke of Windsor Social Service building, 15 Hennessy Road, Wanchai, Hong Kong

Instructor : Richard O'Hara MCSP BSc HPC

## Course Introduction

This intense two day course covers the essentials of clinical vestibular assessment and treatment. A strong emphasis is placed on differential diagnosis, clinical reasoning and treatment selection for vestibular disorders.

The cervical spine can cause symptoms of unsteadiness and imbalance. This course provides a scientific rationale for cervicogenic dizziness. Its diagnosis is one of exclusion. Differentiation between vestibular, central neurological and musculoskeletal causes of dizziness is highly important when assessing and treating the dizzy patient.

Date	Time	Course Outline
4th-5th Nov, 2017	9:00 – 13:00 14:00 - 16:30	<ul style="list-style-type: none"> <li>• Understand basic vestibular anatomy and physiology (semicircular canal orientation and function and the vestibulo-ocular reflex in particular)</li> <li>• Have an overview of the main vestibular pathologies</li> <li>• Take a relevant subjective history including vestibular special questions</li> <li>• Carry out a clinical oculomotor examination</li> <li>• Clinically assess the vestibulo-ocular reflex and vestibular symmetry (dynamic visual acuity, infrared video analysis and head thrust test)</li> <li>• Clinically evaluate different types of nystagmus (central vs peripheral)</li> <li>• Carry out an appropriate outcome-based assessment of balance</li> <li>• Do positional testing for BPPV, interpret findings and treat using the appropriate manoeuvre (posterior, anterior and horizontal canal variants)</li> <li>• Understand the potential for and clinical significance of cervicogenic dizziness</li> <li>• Devise, evaluate and progress a patient-specific exercise-based rehabilitation programme</li> </ul>

## Course Fees

\$4800 (HKD3800 for early bird registration before 31st August 2017)

## CPD Credits

**Physiotherapy Board:** (in the process of application)

**Chiropractic Board:** (in the process of application)

## Registration:

Please complete the registration form online and return it with a cheque made payable to: Hong Kong Chiropractic College Foundation Ltd, and mail to CPD dept, 11/fl China Hong Kong Tower, 8 Hennessy Road, Wanchai, Hong Kong.

Registration Fee can also be transferred to the Hong Kong & Shanghai Banking Corporation Account 652-096850-001. Please email the bank-in slip to [cpdntalk@hkccfl.org.hk](mailto:cpdntalk@hkccfl.org.hk)

## Cancellations:

A cancellation fee of HKD500 will be charged for cancellations received at least 10 working days in advance of the event. No refund will be given for cancellation received less than 10 working days in advance.

## Enquires:

Please contact [cpdntalk@hkccfl.org.hk](mailto:cpdntalk@hkccfl.org.hk) or +852 3998 3222

# Vestibular Rehabilitation, including Cervicogenic Dizziness

## Registration 報名表格

Name 姓名 : \_\_\_\_\_

Address 地址 : \_\_\_\_\_

Phone 電話 : \_\_\_\_\_

E-mail 電郵 : \_\_\_\_\_